

Weekly isolation planner

Week of :

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This week
Goals

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

SHOULD DO

Shopping list

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MEALS

MON	<hr/>
TUE	<hr/>
WED	<hr/>
THU	<hr/>
FRI	<hr/>
SAT	<hr/>
SUN	<hr/>



Pepper
and
Cute

#COVID-19 #STAYATHOME